

CHILL OUT CLUB

End of Year Financial Statements

01/09/2022 to 31/08/2023

SC042843

CHARITY CONTACT INFORMATION

Charity Name: Chill Out Club

Scottish Charity Number: SC042843

Meeting place address: Moncreiff Parish Church, Maxwellton Road, East Kilbride, G74 3JJ

Charity's principal address: [REDACTED]

Telephone number: [REDACTED]

Email address: enquiries@chilloutclub.org.uk

Website: www.chilloutclub.org.uk

Names of the charity trustees on date of approval of Trustees' Annual Report

1. [REDACTED]
2. [REDACTED]

Reference and administration details

There were no other trustees during the period.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Type of governing document	Constitution
Trustee recruitment and appointment	Chairperson and Vice Chairperson/Treasurer become trustees by default.

OBJECTIVES AND ACTIVITIES

The charity was set up as a peer support group to fill the gaps when many mental health services were being axed.

Our charitable purposes are:

- The relief of those in need by reason of mental ill health or disability
- To provide stimulating activities for our members and guests.
- To provide social interaction between members, guests and other clubs.
- To provide information and signpost members and guests to other agencies where they may secure the information they require.
- To work in conjunction with South Lanarkshire Council, NHS Lanarkshire and other agencies to promote mental health wellbeing.
- To improve the quality of life and enhance the self esteem of its members and guests.
- To promote equality of opportunity for all.

Summary of the main activities in relation to these objects

We provide a social meeting place for those affected by mental health issues. Meeting for two hours once per week, we have around 15 regular attendees with a further 10 or so coming and going as their needs dictate. We enjoy quizzes, singing, talking, having guests occasionally, playing games

and sometimes crafting. We enjoy an annual day trip and always enjoy a Christmas lunch together. We are a peer support group and manage our own affairs.

We help adults affected by mental health issues.

ACHIEVEMENTS AND PERFORMANCE:

We're glad to say that we are well and truly back to normal meetings and activities after the Covid-19 pandemic and we were able to enjoy a day trip to Largs and our Christmas Lunch in addition to our usual Tuesday afternoon meetings at our venue.

Our connections with Community Links Workers at local surgeries have strengthened and we are delighted to have had new members referred to us by them.

We're delighted that one of our original members and his friend, who both live in a nursing home, can join us each week. They enjoy the freedom of the taxi ride between the home and the club.

During the peak of the fuel price crisis, we met for an extra hour each week to help reduce members' heating costs at home a little.

Our members enjoy playing games, taking part in quizzes, playing pool, karaoke and occasionally crafting. The biggest and most enjoyable activity is just being able to talk to each other about everything and anything. We love to celebrate members' birthdays with a cake, a card and a song. We have been described as a big happy family. That is our biggest success.

A member said. 'The Chill Out Club means a lot to me. Made me stronger and more confident in myself.'

The Chill Out Club has no volunteers, we look after ourselves and each other.

Financial Review

Statement of the charity's policy on reserves: being a very small club we have no formal reserves policy, however we do like to ensure we have funds available for our annual rent of £1,040.

Details of any deficit: Rising costs of supplies and treating the members to Christmas lunch, and our day trip saw us make a loss of £386.08 – partly due to the additional rent of £240 we paid for our extra hour during the fuel price crisis. We reduced the loss of the previous year by 54% by increasing weekly subs, for the first time ever, from £2 to £3. This helps to cover the cost of our teas and coffees and pays for our accommodation.

Donated facilities and services

We are very fortunate that our venue, Moncreiff Parish Church have provided us with a larger hall, at no extra cost, to accommodate those who are less able and need more space to move around easily and safely.

Future Plans

We hope to carry on as we have been during the past year and look forward to inviting some speakers to come to the club, and of course our trips and Christmas Lunch.

DECLARATION

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature

Full name

Position

Date



Vice Chairperson

25th May 2024

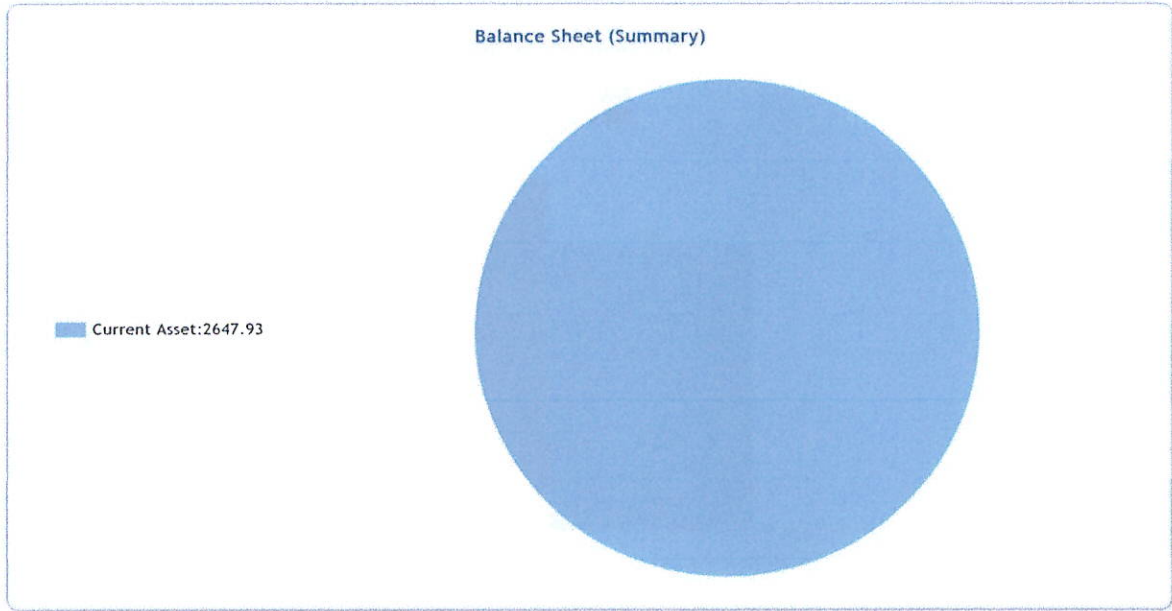
Receipts and Payments Account

	Unrestricted funds	Designated funds	Restricted funds	Endowment funds	Total funds	Prior year total funds
Receipts						
Donations and legacies	-	-	-	-	-	-
Income from charitable activities	£1,618	-	-	-	£1,618	£1,145
Other income	-	-	-	-	-	£92
Other trading activities	-	-	-	-	-	-
Investments	-	-	-	-	-	-
Total Receipts	£1,618	-	-	-	£1,618	£1,237
Payments						
Expenditure on charitable activities	£1,967	-	-	-	£1,967	£1,317
Other expenditure	£37	-	-	-	£37	£639
Raising funds	-	-	-	-	-	-
Total Payments	£2,004	-	-	-	£2,004	£1,957
Excess of receipts over payments before transfer	(£387)	-	-	-	(£387)	(£720)
Transfers:						
Gross transfers between funds - in	-	-	-	-	-	£500
Gross transfers between funds - out	-	-	-	-	-	(£500)
Excess of receipts over payments before other gains	(£387)	-	-	-	(£387)	(£720)
Net movement in funds	(£387)	-	-	-	(£387)	(£720)
Reconciliation of funds						
Excess of receipts over payments at beginning of the year	£1,994	£1,040	-	-	£3,034	£3,753
Excess of receipts over payments for the year	£1,607	£1,040	-	-	£2,647	£3,034
Represented by						
Unrestricted						
General Fund	£1,607	-	-	-	£1,607	£1,994
Designated						

Rent	-	£1,040	-	-	£1,040	£1,040
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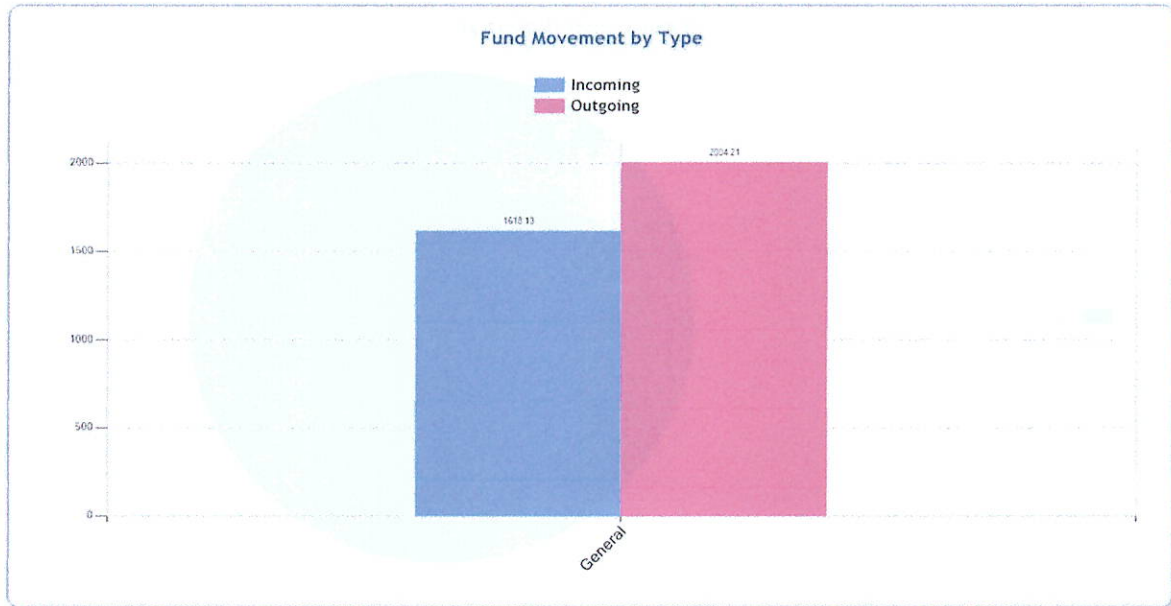
Balance Sheet (Summary)

	As at 31/08/2023	As at 31/08/2022
Fixed assets	-	-
Current assets		
Cash At Bank And In Hand	£2,647	£3,034
	£2,647	£3,034
Liabilities	-	-
Net current assets less current liabilities	£2,647	£3,034
Total assets less current liabilities	£2,647	£3,034
Liabilities	-	-
Total net assets less liabilities	£2,647	£3,034
Represented by		
Unrestricted		
Unrestricted - General Funds	£1,607	£1,994
Designated		
Designated - Rent	£1,040	£1,040
Restricted		
Fund Totals	£2,647	£3,034



Fund movement summary

Fund	Opening	Incoming	Outgoing	Transfers	Gains/Losses	Journals	Closing
General							
Unrestricted	£1,994	£1,618	£2,004	-	-	-	£1,607
Sub-totals	£1,994	£1,618	£2,004	-	-	-	£1,607
Rent							
Designated	£1,040	-	-	-	-	-	£1,040
Sub-totals	£1,040	-	-	-	-	-	£1,040
Totals	£3,034	£1,618	£2,004	-	-	-	£2,647



Analysis of income and expenditure

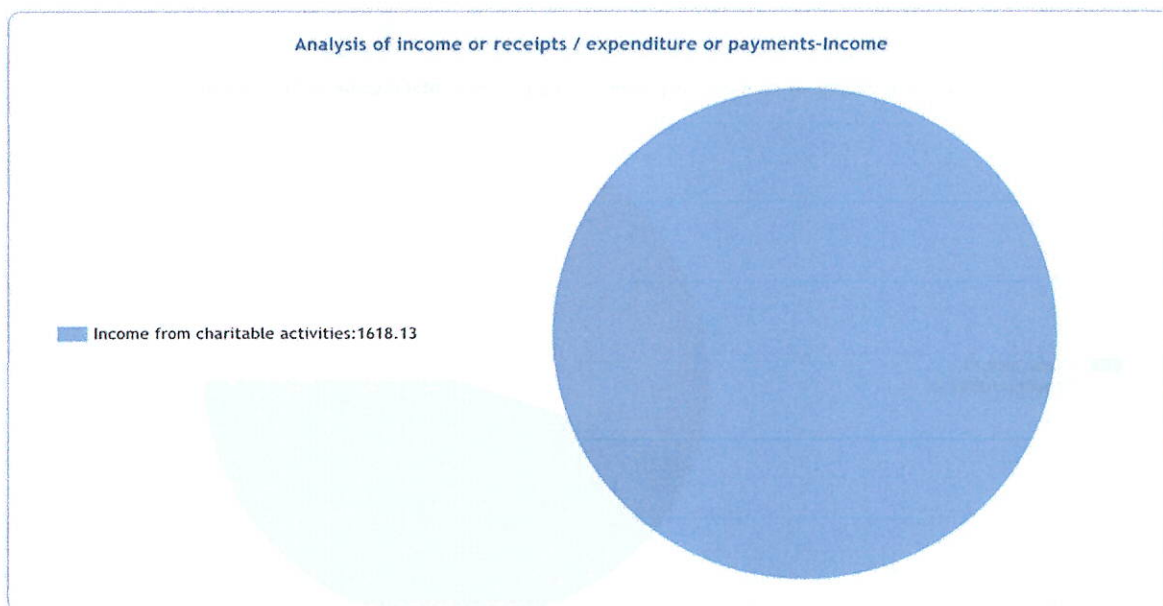
	Unrestricted	Designated	Restricted	Endowment	Total	
					This year	Last year
INCOME AND ENDOWMENTS FROM:						
Income from charitable activities						
001 - Membership Fees	£1,618	-	-	-	£1,618	£1,145
Income from charitable activities Totals	£1,618	-	-	-	£1,618	£1,145
Other income						
004 - Swear Box	-	-	-	-	-	£2
005 - Club Outings	-	-	-	-	-	£89
Other income Totals	-	-	-	-	-	£92
Income and endowments Grand totals	£1,618	-	-	-	£1,618	£1,237

EXPENDITURE ON:

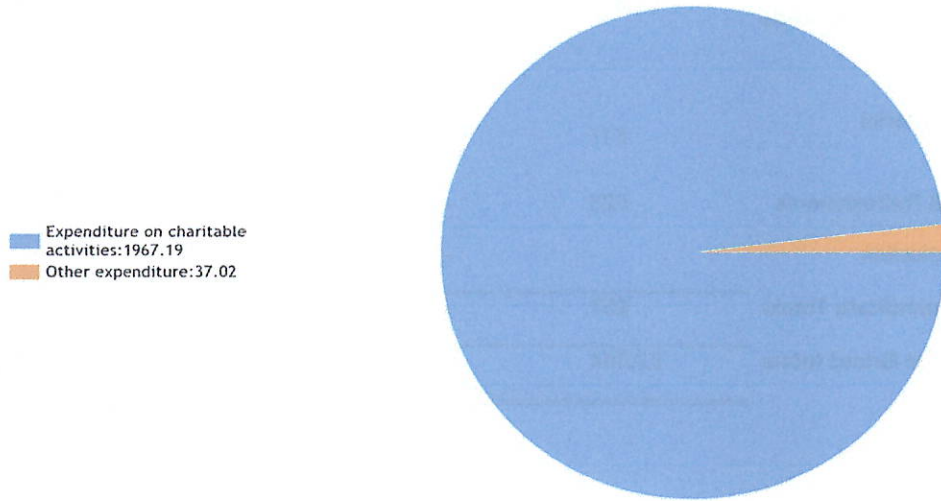
Expenditure on charitable activities

002 - Rent	£1,280	-	-	-	£1,280	£640
006 - Equipment	£10	-	-	-	£10	£50
007 - Public Liability & Indemnity Insurance	£250	-	-	-	£250	-

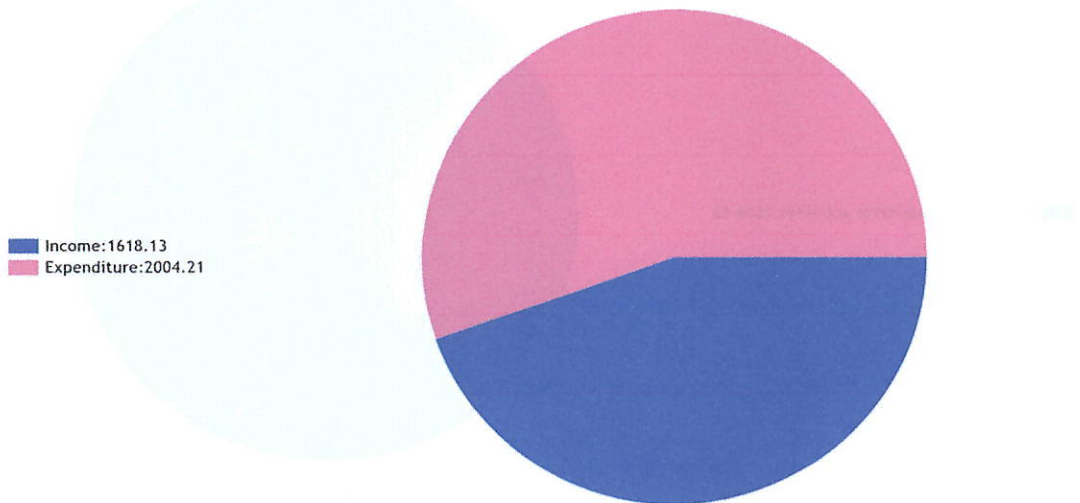
008 - Outings	£426	-	-	-	£426	£626
Expenditure on charitable activities Totals	£1,967	-	-	-	£1,967	£1,317
Other expenditure						
009 - Birthdays & Special Occasions	£11	-	-	-	£11	£445
010 - Soft Drinks & Refreshments	£25	-	-	-	£25	£160
011 - Covid-19 Protection	-	-	-	-	-	£33
Other expenditure Totals	£37	-	-	-	£37	£639
Expenditure Grand totals	£2,004	-	-	-	£2,004	£1,957



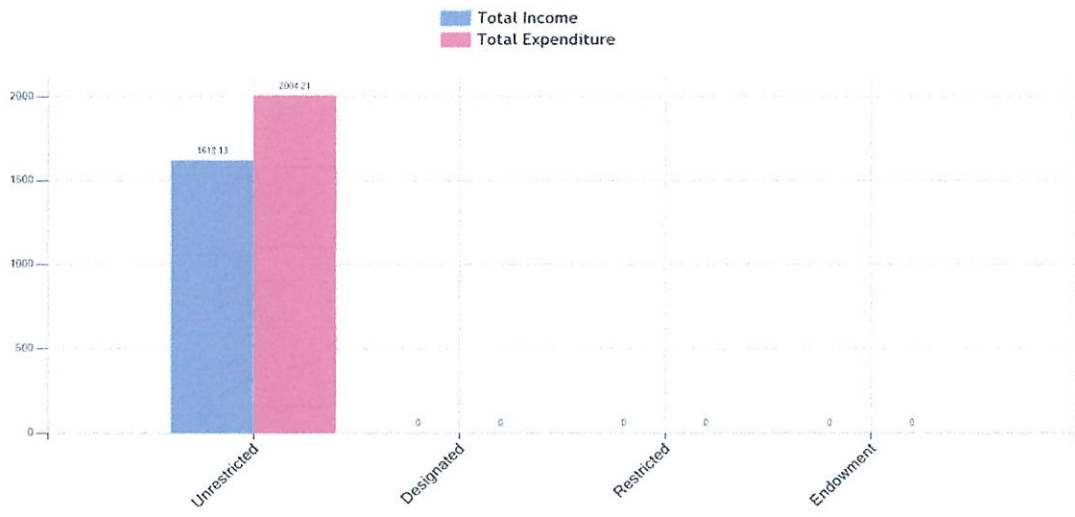
Analysis of income or receipts / expenditure or payments-Expenditure



Analysis of income or receipts / expenditure or payments-Total Income vs Expenditure



Analysis of income or receipts / expenditure or payments-Total Income vs Total Expenditure



APPENDIX 3



Independent examiner's report on the accounts v2

Report to the trustees/members of Charity name
CHILL OUT CLUB

Registered charity number
SC042843

On the accounts of the charity for the period

Period start date			Period end date			
Day	Month	Year	to	Day	Month	Year
01	09	2022		31	08	2023

Set out on pages 5-11 (remember to include the page numbers of additional sheets)

Respective responsibilities of trustees and examiner The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement In the course of my examination, no matter has come to my attention [~~other than that disclosed on the attached page*~~]

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations


have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: 

Date: 29/05/2024

Relevant professional qualification(s) or body (if any): Member of the AAT

Address: 

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of
any items that the
examiner wishes to
disclose